

Contact: Patti Clark
802-253-7300
Email: patti@gminn.com

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GREEN MOUNTAIN INN MESSAGES TRADITION

Historic Stowe inn updates massage services, facility; Michelle Robbins named Massage Supervisor

STOWE, VT - The Green Mountain Inn's 175-plus year tradition of warm Vermont hospitality and gracious amenities has been rejuvenated with a revitalized massage facility and services now under the direction of Massage Supervisor Michelle Robbins.

Says Innkeeper Patti Clark, "Escaping the daily grind to unwind and recharge is more important than ever these days. Here at the Inn we continually strive to enrich our guests' overall experience. We believe our updated massage services will provide visitors with yet another opportunity to refresh and reenergize while staying with us. What better way to experience the luxury of a truly memorable Green Mountain Inn getaway than to indulge in one of our wonderful massage selections.

"We're very excited to add Michelle to our staff as Massage Supervisor. She has years of experience in massage therapy and bodywork and is an extremely knowledgeable and dedicated therapist. She's devoted to her craft and is committed to enhancing and expanding the Inn's massage services. Michelle will oversee the Inn's staff of trained therapists whose number one priority is to help guests reinvigorate in body as well as spirit."

The Inn's massage services and facilities are also available to area residents and visitors. Says Clark, "You don't have to be a guest of the Green Mountain Inn to appreciate and savor the renewing effects of one of our massage treatments. We're delighted to extend the invitation to sample the outstanding value and quality afforded by our packages to the local community."

Robbins is a graduate of the Utah College of Massage Therapy. Her qualifications include extensive work in numerous forms of massage therapy and bodywork ranging from Reflexology, Shiatsu, Structural Alignment, Lymph Drainage and Deep Tissue massage as well as Spa Treatment expertise. Robbins has also trained in LaStone® and is a Loomis Institute® Certified Digestive Health Specialist.

Says Robbins, "My objective is to focus on traditional massage principles where each client leaves feeling they received a solid massage they're happy with and feel good about." Currently the Inn offers Relaxation, Sports, Deep Tissue, Aromatherapy, and Reflexology massages. Robbins says the Inn's service selections will soon expand to include Stone massages and treatments for couples.

Says Robbins, “Forging connections with clients is key in understanding their specific health issues and physical needs. I find the ability to ‘listen’ with my hands as well as ears allows me get a clearer picture of what a client needs and is asking for. That helps determine which specific methodology will best help each individual client.”

Robbins is spearheading a continuing education and training program for the Inn’s team of therapists to enhance and continually improve massage technique and treatments offered at the hotel. Says Robbins, “Our overall goal is to provide the highest quality massage selections at the best possible value.”

The Inn’s massage rooms, sauna, and Jacuzzi, all located adjacent to the Inn’s exercise facility, have recently been refurbished and updated to ensure an atmosphere of maximum relaxation and comfort. Reservations for services may be made by calling the Inn at 802-253-7301.

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